

**PARUL UNIVERSITY
FACULTY OF AYURVEDA
VADODARA, GUJARAT**



**DR.HEMANT.TOSHIKHANE
DEAN
FACULTY OF AYURVEDA**

DR.B.G KULKARNI

PRINCIPAL, PIA&R
“स्वस्थस्य स्वास्थ्य रक्षणम् आतुरस्य विकार प्रशमनम्”
“TO PREPARE STUDENTS FOR SERVING THE MANKIND”

EDUCATION IS THE KEY TO UNLOCK THE GOLDEN DOOR OF FREEDOM

VISION AND MISSION OF PARUL AYURVEDA HOSPITAL

AYURVEDA COLLEGES APPROVED BY:

Date of Approval:

Parul Institute of Ayurved : 16/09/2006

Parul Institute of Ayurved and Research : 17/11/2017

Vision

- **To serve best quality Ayurveda treatment & Healthcare services for all sections of the society by employing the cutting - edge technology in serving our fellow human-beings.**

Mission

- **To develop good quality patient care through Ayurveda.**
- **To provide Health care services to rural & tribal areas.**
- **To achieve healthy world on the basis of Ayurveda.**
- **To involve in health related national, international, scientific and community activities.**
- **To develop research attitude in Ayurveda students.**

COURSES OFFERED AT PARUL INSTITUTE OF AYURVEDA

- **Bachelor of Ayurvedic Medicine and Surgery- 100 intake**
- **Doctor of Medicine-Ayurveda / Master of Surgery-Ayurveda**
 - M.S. (Ayurveda) in Prasuti Tantra and Stri Rog- 6 intake**
 - M.S. (Ayurveda) in Shalya Tantra- 12**
 - M.S. (Ayurveda) in Shalakya Tantra- 6**
 - M.D. (Ayurveda) in Ayurveda Samhita- 6**
 - M.D. (Ayurveda) in Dravya Guna- 6**
 - M.D. (Ayurveda) in Kaumara Bhritya- 6**
 - M.D. (Ayurveda) in Kaya Chikitsa- 6**
 - M.D. (Ayurveda) in Kriya Sharira- 6**
 - M.D. (Ayurveda) in Rachana Sharira- 6**
 - M.D. (Ayurveda) in Rashashastra Evam Bhaishajya Kalpana- 6**
 - M.D. (Ayurveda) in Roga Nidana- 6**
 - M.D. (Ayurveda) in Panchakarma- 6**

PARUL INSTITUTE OF AYURVED AND RESEARCH
Bachelor of Ayurvedic Medicine and Surgery- 100 intake
LOCKDOWN ACTIVITIES

Even in this lockdown we the Faculty of Ayurveda, Parul University are carrying on our routine classes of Undergraduates & Postgraduates, conducting synopsis and thesis presentations of postgraduates, hosting webinars from experts throughout India and around the world, conducting online yoga classes, AIAPGET classes, online internal ethical committee presentations, several guest lectures and many more. Staffs also participated as resource persons in imparting knowledge to students of other universities regarding Ayurveda and its usefulness in present scenario. Even parent teacher meeting was conducted to understand the problems related to students in lockdown. Herbal garden watering, preparation of medicines at Ayurveda pharmacy and also Ayush kit preparation and their distribution (**more than 2000 kits**) to the needy at different corners of city and villages for the prevention of Corona disease and also to boost the immunity among people were done without any break. Parul Ayurveda Hospital also came up with Telemedicine facility by realizing the present scenario of lockdown. All these along with many other activities were solely done for the benefit of students, knowledge seekers and also health seekers. Report of these activities are mentioned below.

- 1.Number of Lectures conducted till date- more than 1500 hours
- 2.Number of webinars conducted- more than 50
- 3.Thesis presentation conducted- more than 50
- 4.Synopsis presentations conducted- more than 50
- 5.Research proposals submitted-66
- 6.Guest lectures- more than 15

WEBINARS FOR KNOWLEDGE/HEALTH SEEKERS

WEBINAR ON
Panchkarma on Respiratory Diseases





Dr. B. S. Prasad
MD PhD (D) (A)
Principal & Panchakarma Consultant
Dr. B. M. Kulkarni Ayurveda Mahavidyalaya,
Belgaum, Karnataka.



Dr. Prashanth A. S.
MD (A) (A)
Principal & Panchakarma Consultant
Hudd. Ayurveda Seva Sanstha, Ayurveda
Mahavidyalaya and Hospital, Dharwad.



Dr. Kiran M. Gaud
MD (A) (A)
Principal & Panchakarma Consultant
Kiv. Kalasivachera Ayurveda hospital college
Bangalore



Dr. Divya Deva
MD (A) (A)
Panchakarma Consultant
Parul Institute of Ayurved and Research,
Parul University, Vadodra

April 15, 2020 | 04:00 PM To 05:00 PM

www.paruluniversity.ac.in

WEBINAR ON
Understanding of essentials of Marma Sharir and its applicability





Dr. B. G. Kulkarni
Principal, Parul Institute of Ayurved & Research
MD (A) (A) (S) (A)



Dr. Mukund Erande
Professor, Rachana Sharti,
S. S. Ayurved College, Havelock,
Pune, Maharashtra



Dr. Navin Chandra Joshi
PG Dip. in Preventive and Promotive Health care,
PG Dip. in Yoga Sciences,
Master, Yoga & Karma Science and Therapy,
Ultrapalika Commission, Faculty of Ayurved,
UAS, Manipal College, Dharwad, India.



Dr. O. P. Dave
Professor, Shalya Tantra Department
Parul Institute of Ayurved & Research

April 16, 2020 | 03:00 PM To 04:00 PM | Moderator: Dr. Hemant D Toshikhane
Dean Faculty of Ayurveda, Parul University

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AIAPGET Crash course
 ALL India Ayurved Postgraduate Entrance Test
**Crash course organised by Parul Institute of Ayurved
 Parul University**

Under the visionary leadership of honourable...
 Principal, Dr. Hemant Toshikhane (Dean-Faculty of Ayurved)
 Dr. Bhagwan Kulkarni (Principal PIAR)
 We are starting this special drive....

Special features:-
 Prepare yourself by,
 1. Highly qualified staff.
 2. Study material.
 3. Question bank.
 4. Subject wise expert guidance.
 5. How to crack the exam in minimum time with maximum outcome.
 6. No any fee for the course.
 7. Online continue education on google classroom and hogouts meet.
 8. Regular objective test.

• Crash course starts from : 25/04/2020

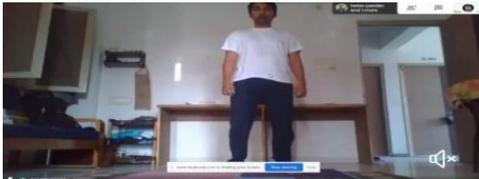
AIAPGET COORDINATORS FOR THE PREPARATION OF AIAPGET:
 DR. AMIT UPASANI -9426779592
 DR. KRISHNA RATHOD -7276763413
 DR. AJITKUMAR WAHANE -7069337652
 DR. SWAPNIL RASKAR -9879340491

DAILY YOGA THROUGH DIGITAL PLATFORM

PARUL Institute of Ayurveda was live.
 4 hrs · 🌐

Online yoga session

Yoga to reduce belly Fat... See More



Om Viradiya and 12 others · 1 Comment · 9 Shares

Like · Comment · Share

WhatsApp

PARUL Institute of Ayurveda · 🌐
 Apr 27 at 7:59 AM · 🌐

Online Y... See More



35 · 8 Comments · 12 Shares · 386 Views

Like · Comment · Share

TELEMEDICINE



ટેલીમેડિસીન

ફોન દ્વારા ડોક્ટરની મુલાકાત લો

 **પારુલ** 

આયુર્વેદ હોસ્પિટલ

☎ : ૯૩૧૬૭ ૩૨૬૯૪

સમય : સવારે ૯ થી સાંજે ૫ સુધી

દવા ઘરે પહોંચાડવાની સુવિધા ઉપલબ્ધ

મુ. લીમડા, તા. વાઘોડિયા, જી. વડોદરા.

pia@paruluniversity.ac.in | www.paruluniversity.ac.in

DISTRIBUTION OF AYUSH KITS TO HEALTHSEEKERS

Immunity booster 'suraksha kit' developed by pvt varsity

TIMES NEWS NETWORK

Vadodara: In line with the recommendation made by Ministry of Ayush, faculties of Homeopathy and Ayurveda of city-based Parul University (PU) have developed a 'suraksha kit' that contains medicines to boost immunity.

The kit contains medicines such as 'samshamani vati', 'sudarshan ghana vati', 'khadiradi vati', 'murchhita tila taila taila' (for nasal instillation) and 'arsenic album 30'.

"People who are old, suffering from diseases of lungs or heart and those who have weak immunity are more prone to developing complications or dying of Covid-19 infection. Hence, development of im-



The kit is available in some pharmacies across the city

munity is very important for combating this infection," said Dr Komal Patel, medical and paramedical director of PU.

'Samshamani vati' is extract of guduchi, a herb known for developing im-

munity. It is helpful in reducing fever.

"Research has shown that guduchi helps in improving function of white blood cells (macrophages) which are important in combating infection. It also protects liver," she said.

While 'sudarshan ghana vati' plays important role in reducing infection and improving health, 'khadiradi vati', a chewable tablet, is used for treatment of throat pain.

"The nasal oil drops improve health and strength of nose and throat region while arsenic album is a Homeopathic medicine that is very useful in fever," she said, adding that the university has made the kit available at some pharmacies of the city.



રોગપ્રતિકારક શક્તિ વર્ધન અને જાસન સંસ્થાનના સ્વાસ્થ્ય વર્ધન માટે ઘણેલા પૂર્વ સંશોધનો અને વિમારો જેવા લક્ષણોની ચિકિત્સા સૂચના આધારે આયુષ્ય મંત્રાલય હેઠળ કાર્યકરતી સીસર્ચ કાઉન્સિલ દ્વારા સ્વાસ્થ્ય સ્થાપ અને રોગપ્રતિરોધન માટેનો વિશિષ્ટ અભિગમ અપનાવવામાં આવ્યો છે.

આયુષ્ય મંત્રાલયના માર્ગદર્શન હેઠળ ઔષધિ કિટ બનાવવામાં આવી છે જે નીચે મુજબ છે.

ક્રમ	ઔષધિનુંનામ	માત્રા	ઔષધિની વિગત
1	સંશમની વટી	2 ગોળી દિવસમાં બે વખત ગરમ પાણી સાથે	Tinosporacordifolia ના અર્ક દ્વારા નિર્મિત
2	ઔષધિચુસ્ત તૈલ ત્રિફલુ	2 ટીપો બલ્ને નાકમાં દિવસમાં બે વખત	ઔષધિ દ્વારા સિદ્ધ કરેલું તૈલ
3	સુદર્શન ઘન વટી	1 ગોળી દિવસમાં ત્રણ વખત જમ્યા પછી	Crinum latifoliumનાઅર્ક દ્વારા નિર્મિત
4	ખદિરદિ વટી	1 ગોળી દિવસમાં બે વખત	Acacia catechu દ્વારા નિર્મિત
5	આર્સેનિકમ આલ્બમ 30	4 ગોળી સ્વારે જમ્યા પહેલાં 3 દિવસ સુધી	

કિટ નીચે લખેલ ફાર્મસી પર ઉપલબ્ધ:

1. A ROY Pharmacy, Opposite Raopura Tower, Vadodara
2. Dr Pharma, Besides Welcom Hotel, RC Dutt Road, Vadodara
3. Alkapuri Medical, Alkapuri, Vadodara



Times of India | April 27, 2020
AYUSH kits by PU | Immune booster to Covid'19



STUDENTS AND PARENT FEEDBACK ON ONLINE CLASSES

The feedback what we received from the students both Undergraduate and Postgraduates boosted our moral of teaching. It made us to realize that proper utilization of online platform will provide a great benefit to the student community in their routine learning process. Any form of lockdown is not permanent. By keeping this point in mind staffs of our institute continuously engaged online classes as routine whose fruit will be relished once the lockdown is finished.