

**PARUL UNIVERSITY
FACULTY OF AYURVEDA
VADODARA, GUJARAT**



**DR.HEMANT.TOSHIKHANE
DEAN
FACULTY OF AYURVEDA**

DR.B.G KULKARNI

PRINCIPAL, PIA&R
“स्वस्थस्य स्वास्थ्य रक्षणम् आतुरस्य विकार प्रशमनम्”
“TO PREPARE STUDENTS FOR SERVING THE MANKIND”

EDUCATION IS THE KEY TO UNLOCK THE GOLDEN DOOR OF FREEDOM

VISION AND MISSION OF PARUL AYURVEDA HOSPITAL

AYURVEDA COLLEGES APPROVED BY:

Date of Approval:

Parul Institute of Ayurved : 16/09/2006

Parul Institute of Ayurved and Research : 17/11/2017

Vision

- To serve best quality Ayurveda treatment & Healthcare services for all sections of the society by employing the cutting - edge technology in serving our fellow human-beings.

Mission

- To develop good quality patient care through Ayurveda.
- To provide Health care services to rural & tribal areas.
- To achieve healthy world on the basis of Ayurveda.
- To involve in health related national, international, scientific and community activities.
- To develop research attitude in Ayurveda students.

COURSES OFFERED AT PARUL INSTITUTE OF AYURVEDA

- Bachelor of Ayurvedic Medicine and Surgery- 100 intake
- Doctor of Medicine-Ayurveda / Master of Surgery-Ayurveda
- M.S. (Ayurveda) in Prasuti Tantra and Stri Rog- 6 intake
- M.S. (Ayurveda) in Shalya Tantra- 12
- M.S. (Ayurveda) in Shalakya Tantra- 6
- M.D. (Ayurveda) in Ayurveda Samhita- 6
- M.D. (Ayurveda) in Dravya Guna- 6
- M.D. (Ayurveda) in Kaumara Bhritya- 6
- M.D. (Ayurveda) in Kaya Chikitsa- 6
- M.D. (Ayurveda) in Kriya Sharira- 6
- M.D. (Ayurveda) in Rachana Sharira- 6
- M.D. (Ayurveda) in Rashashastra Evam Bhaishajya Kalpana- 6
- M.D. (Ayurveda) in Roga Nidana- 6
- M.D. (Ayurveda) in Panchakarma- 6

PARUL INSTITUTE OF AYURVED AND RESEARCH

Bachelor of Ayurvedic Medicine and Surgery- 100 intake

LOCKDOWN ACTIVITIES

Even in this lockdown we the Faculty of Ayurveda, Parul University are carrying on our routine classes of Undergraduates & Postgraduates, conducting synopsis and thesis presentations of postgraduates, hosting webinars from experts throughout India and around the world, conducting online yoga classes, AIAPGET classes, online internal ethical committee presentations, several guest lectures and many more. Staffs also participated as resource persons in imparting knowledge to students of other universities regarding Ayurveda and its usefulness in present scenario. Even parent teacher meeting was conducted to understand the problems related to students in lockdown. Herbal garden watering, preparation of medicines at Ayurveda pharmacy and also Ayush kit preparation and their distribution (more than 2000 kits) to the needy at different corners of city and villages for the prevention of Corona disease and also to boost the immunity among people were done without any break. Parul Ayurveda Hospital also came up with Telemedicine facility by realizing the present scenario of lockdown. All these along with many other activities were solely done for the benefit of students, knowledge seekers and also health seekers. Report of these activities are mentioned below.

- 1.Number of Lectures conducted till date- more than 1500 hours
- 2.Number of webinars conducted- more than 50
- 3.Thesis presentation conducted- more than 50
- 4.Synopsis presentations conducted- more than 50
- 5.Research proposals submitted-66
- 6.Guest lectures- more than 15

WEBINARS FOR KNOWLEDGE/HEALTH SEEKERS

WEBINAR ON

Panchkarma on Respiratory Diseases

Dr. B. S. Prasad
MD (Panchkarma)
Principal & Panchkarma Consultant
Dr B. M. Kulkarni Ayurveda Mahavidyalaya,
Belgaum, Karnataka.

Dr. Prashanth A. S.
MD (Ayurveda)
Principal & Panchkarma Consultant
Haldi Ayurveda Sarsa Samiti's Ayurveda
Mahavidyalaya And Hospital (D.D. Road),
Mumbai.

Dr. Kiran M. Gaud
MD (AYU)
Principal & Panchkarma Consultant
Sri Lakshminarayana Ayurveda Medical College
Bangalore

Dr. Divya Deva
MD (AYU)
Panchkarma Consultant
Parul Institute of Ayurved and Research,
Parul University, Vadodra

Dr. Sangeeta Toshikhane
MD (AYU)
Prof. & HOD Panchkarma
Parul Institute of Ayurved,
Parul University, Vadodra

April 15, 2020 | 04:00 PM To 05:00 PM

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WEBINAR ON

Understanding of essentials of Marma Sharir and its applicability

Dr. B. G. Kulkarni
MD (Panchkarma)
Principal, Parul Institute of Ayurved & Research
MD (Panchkarma)

Dr. Navin Chandra Joshi
PG Dip. in Preventive and Promotive Health care,
PG Dip. in Yoga Sciences,
Master Teacher in Marma Science and Therapy,
Ultrapalvi Chikitsa Centre, Faculty of Ayurved,
UAS Mahatma Campus, Dibrugarh India

Dr. Mukund Erande
Professor, Rachana Sharir
P. S. Jyoti College, Vadodra,
Pune, Maharashtra

Dr. O. P. Dave
Professor, Shalya Tantra Department
Parul Institute of Ayurved & Research

April 16, 2020 | 03:00 PM To 04:00 PM | Moderator: Dr. Hemant D Toshikhane
Dean Faculty of Ayurveda, Parul University

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WEBINAR ON "SHALYA TANTRA" - A VOYAGE FROM PRIMORDIAL TO CONTEMPORARY

Parul University
Faculty of Ayurved



Dr. Prasanna N Rao
Principal & Medical Superintendent
Sri Sri Ayurveda Hospital, Vadodra



Dr. R N Gangal
Former Principal
Tata Memorial Hospital, Pune



Dr. Murlidhar Sharama
Professor
Department of Ayurveda, Kashi



Dr. Manoranjan Sahoo
Former Dean Faculty of Ayurveda
Parul University



Dr. P Hemant Kumar
Professor & HOD Shalysastra
Department of Ayurveda, Kashi

April 18, 2020 | 10 AM onwards | Moderator: Dr. Hemant D Toshikhane
Dean Faculty of Ayurveda, Parul University

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WEBINAR ON ROGANIDAN - A DIVERSE PERSPECTIVES IN ILLUSTRATING COVID19

Parul University
Faculty of Ayurveda



DR. PRASANNA KERUR
BAMS, MD (VEDIC)
AYURVEDIC PHYSICIAN/CONSULTANT
JESU, CHANDLER, IL, INDIA, UNITED STATES OF AMERICA



DR. VRUNDA B. PATEL
M.B.B.S, M.D. (A) & REPRODUCTIVE MEDICINE
SENIOR RESIDENT, PMS, PMS, DE VASUDEVA HOSPITAL, VADODRA



DR. SRIKANTH U
M.B.B.S, MD (PATHOLOGY) & CAP
CONSULTANT PATHOLOGIST/STRUCTURE
IN ANATOMICAL PATHOLOGY
DEPARTMENT OF PARACLINICAL SCIENCES
FACULTY OF MEDICAL SCIENCES
THE UNIVERSITY OF THE WEST INDIES, EWSMC, MOUNT HOPE



DR. NAREESH KORE
BAMS, MD (VEDIC)
PROFESSOR, DEPT OF AYURVEDA, PARUL UNIVERSITY, VADODRA

29/4/2020 | 04:00 PM TO 05:00 PM

MODERATOR  **DR. SACHIN. DEVA**
BAMS, MD (VEDIC)
READER, DEPT OF ROGANIDANA, PARUL INSTITUTE OF AYURVEDA, PARUL UNIVERSITY, VADODRA

GUEST LECTURES FOR IMPARTING KNOWLEDGE TO OTHER STUDENTS AND FACULTY

Rajiv Gandhi Education Society's
Ayurvedic Medical College, Ron, Karnataka

Jignasa Karnataka

E - INAUGURAL CEREMONY of
National Level WEB TEACH - IN
ON
PRASOOTI TANTRA & STREE ROGA
(For Post Graduate Scholars)
9TH MAY 2020, @ 6.30 P.M.

Inaugurator: **Dr. S. K. Bannigol**
Dean (BSM) RGEHS, Kaveragi, Bangalore
Principal, Sangreel AMC, Hoshi

Chief Guests: **Dr. Hemant Toshikhane**
Dean
PIA, Vadodra, Gujarat

Dr. Sujata Kadam
Dean
AI India Institute of Ayurveda,
New Delhi

Shri. Vineeth Mohan
National Convenor,
Jignasa

MANAGEMENT, STAFF & STUDENTS OF
RGEHS, AMC RON CORDIALLY WELCOMES YOU






LIVE CONCLAVE ON
Management of Ayurveda Hospitals
in the current alarming situation of COVID-19

SPEAKERS



Dr. Jayant Deepujari
Former President, CCIM,
Chairman BDC, COI



Dr. D.C. Katoch
Advisor Ayurveda,
Ministry of Ayush, GOI



Prof. (Dr.) P.N Rao
Principal, SDM College of Ayurveda,
Hassan, Karnataka



Prof. (Dr.) Kamlesh Ku. Sharma
HOD Deptt. of Swasthavritta & Yoga
National Institute of Ayurveda, Jaipur
Jaipur, Rajasthan



Prof. (Dr.) Hemant Toshikhane
Dean, Faculty of Ayurveda, Parul University, Gujarat



Prof. (Dr.) Ganesh Puttur
Principal, Sri Sri College of Ayurvedic
Science and Research Hospital,
Bengaluru



Dr. Sunita MK
Medical Administrator,
Arya Vaidya Chikitsalayam &
Research Institute in Coimbatore

REGULAR ONLINE CLASSES / PG SYNOPSIS THESIS DISCUSSIONS

DEEPA MEDIA is presenting

Alpa Vyayama - This Lakshan is commonly seen in **Medovridhi** which is responsible for lack of physical activity due to increase **Meda & Kapha**

- In group A 52.78 % got relief, In group B 70.97 % got relief, In group C 96.88 % got relief.

- Ushnodaka- Lekhana Karma.**
- Vyayama- Laghu, Medakshaya Karma**
- Ushnodak & Vyayama- Lekhana, Medakshaya Karma** decrease excess **Kapha** and **Meda** remove it through excretory system and increase ability to do physical work.

Here as per statistic Group C shows more effective result than Group A and Group B

Participants (28)

ONLINE AIAPGET CRASH COURSE

AIAPGET Crash course
 ALL India Ayurved Postgraduate Entrance Test
Crash course organised by Parul Institute of Ayurved
Parul University

Under the visionary leadership of honourable...
 Principal, Dr. Hemant Toshikhane (Dean-Faculty of Ayurved)
 Dr. Bhagwan Kulkarni (Principal PIAR)
 We are starting this special drive....

Special features:-
 Prepare yourself by,
 1. Highly qualified staff.
 2. Study material.
 3. Question bank.
 4. Subject wise expert guidance.
 5. How to crack the exam in minimum time with maximum outcome.
 6. No any fee for the course.
 7. Online continue education on google classroom and hogoute meet.
 8. Regular objective test.

• Crash course starts from : 25/04/2020

AIAPGET COORDINATORS FOR THE PREPARATION OF AIAPGET:
 DR. AMIT UPASANI -9426779592
 DR. KRISHNA RATHOD -7276763413
 DR. AJITKUMAR WAHANE -7069337652
 DR. SWAPNIL RASKAR - 9879340491

DAILY YOGA THROUGH DIGITAL PLATFORM

 **PARUL Institute of Ayurveda** was live.
 4 hrs • 🌐

Online yoga session

Yoga to reduce belly Fat... See More



Om Viradiya and 12 others 1 Comment • 9 Shares

Like Comment Share

WhatsApp

 **PARUL Institute of Ayurveda** • 🌐
 Apr 27 at 7:59 AM • 🌐

Online Y... See More



35 8 Comments • 12 Shares • 386 Views

Like Comment Share

TELEMEDICINE



ટેલીમેડિસીન

ફોન દ્વારા ડોક્ટરની મુલાકાત લો

 **પારુલ** 

આયુર્વેદ હોસ્પિટલ

☎ : ૯૩૧૬૭ ૩૨૬૯૪

સમય : સવારે ૯ થી સાંજે ૫ સુધી

દવા ઘરે પહોંચાડવાની સુવિધા ઉપલબ્ધ

મુ. લીમડા, તા. વાઘોડિયા, જી. વડોદરા.

pia@paruluniversity.ac.in | www.paruluniversity.ac.in

DISTRIBUTION OF AYUSH KITS TO HEALTHSEEKERS

Immunity booster 'suraksha kit' developed by pvt varsity

TIMES NEWS NETWORK

Vadodara: In line with the recommendation made by Ministry of Ayush, faculties of Homeopathy and Ayurveda of city-based Parul University (PU) have developed a 'suraksha kit' that contains medicines to boost immunity.

The kit contains medicines such as 'samshamani vati', 'sudarshan ghana vati', 'khadiradi vati', 'murchhita tila taila' (for nasal instillation) and 'arsenic album 30'.

"People who are old, suffering from diseases of lungs or heart and those who have weak immunity are more prone to developing complications or dying of Covid-19 infection. Hence, development of im-



The kit is available in some pharmacies across the city

munity is very important for combating this infection," said Dr Komal Patel, medical and paramedical director of PU.

'Samshamani vati' is extract of guduchi, a herb known for developing im-

munity. It is helpful in reducing fever.

"Research has shown that guduchi helps in improving function of white blood cells (macrophages) which are important in combating infection. It also protects liver," she said.

While 'sudarshan ghana vati' plays important role in reducing infection and improving health, 'khadiradi vati', a chewable tablet, is used for treatment of throat pain.

"The nasal oil drops improve health and strength of nose and throat region while arsenic album is a Homeopathic medicine that is very useful in fever," she said, adding that the university has made the kit available at some pharmacies of the city.



આયુષ્ય મંત્રાલય ના સચિવે તરીકે 6 માર્ચ ના રોજ જાહેર કરેલ પંચિતમ મુજબ

આયુર્વેદ અને હોમીઓપથી થી

COVID - 19

માટે આયુષ્ય રોગનિરોધક કિટ

રોગપ્રતિકારક શક્તિ વર્ધન અને જ્વરન સંસ્થાનના સ્વાસ્થ્ય વર્ધન માટે ઘણેલા પૂર્વ સંશોધનો અને ઊંચાણોની ચિકિત્સા સૂત્રના આધારે આયુષ્ય મંત્રાલય હેઠળ કાર્યકરતી સેસર્વ કાઉન્સિલ દ્વારા સ્વાસ્થ્ય રક્ષા અને રોગપ્રતિરોધન માટેનો વિશિષ્ટ અભિગમ અપનાવવામાં આવ્યો છે.

આયુષ્ય મંત્રાલયના માર્ગદર્શન હેઠળ ઔષધિ કિટ બનાવવામાં આવી છે જે નીચે મુજબ છે.

ક્રમ	ઔષધિનુંનામ	માત્રા	ઔષધિની વિગત
1	સંશમની વટી	2 ગોળી દિવસમાં બે વખત ગરમ પાણી સાથે	Tinosporacordifolia ના અર્ક દ્વારા નિર્મિત
2	ઔષધિચુરન તૈલ બિન્દુ	2 ટીપો બલ્ને નાકમાં દિવસમાં બે વખત	ઔષધિ દ્વારા સિદ્ધ કરેલું તૈલનું તૈલ
3	સુરોન ઘન વટી	1 ગોળી દિવસમાં ત્રણ વખત જમ્યા પછી	Crinum latifoliumનાઅર્ક દ્વારા નિર્મિત
4	ખદિરદિ વટી	1 ગોળી દિવસમાં બે વખત	Acacia catechu દ્વારા નિર્મિત
5	આર્સેનિકમ આલ્બમ 30	4 ગોળી સવારે જમ્યા પહેલાં 3 દિવસ સુધી	

કિટ નીચે લખેલ ફાર્મસી પર ઉપલબ્ધ:

1. A ROY Pharmacy, Opposite Raopura Tower, Vadodara
2. Dr Pharma, Besides Welcom Hotel, RC Dutt Road, Vadodara
3. Alkapuri Medical, Alkapuri, Vadodara



Times of India | April 27, 2020
AYUSH kits by PU | Immune booster to Covid'19



STUDENTS AND PARENT FEEDBACK ON ONLINE CLASSES

The feedback what we received from the students both Undergraduate and Postgraduates boosted our moral of teaching. It made us to realize that proper utilization of online platform will provide a great benefit to the student community in their routine learning process. Any form of lockdown is not permanent. By keeping this point in mind staffs of our institute continuously engaged online classes as routine whose fruit will be relished once the lockdown is finished.